

## Center for People with Disabilities

1675 Range Street Boulder, CO 80301 615 North Main Street Longmont, CO 80501

(303) 442-8662 phone/tty (303) 442-0502 www.cpwd-ilc.org

PF - 2000

## Acknowledgement of Receipt of Notice of Privacy Practices

Date —		
Name (Print)		
I have re	rledgement of Receipt: eceived a copy of the Notice of Privacy Practices including the Consumer e Procedure for the Center for People with Disabilities.	
II	know I have a right to develop an Independent Living Plan:	
	$\hfill\Box$ But I don't want to work on that today, knowing I may develop a plan any time in the future.	
	$\hfill \square$ I would like to develop goals for an Independent Living Plan today.	
1. Th 2. Th	tting: goals have these three qualities: ne goal has a deadline. ne goal is stated in specific terms. ne goal is challenging, yet achievable.	

## **Examples of goals:**

Less effective goals

- 1. To get housing.
- 2. To get a job.
- 3. To get a car

More effective goals

- 1. To fill out five applications in one month.
- 2. To apply for ten jobs this year.
- 3. Create and use a budget to save for a car.

Setting my Goal:	
Specifically what I would like to accomplish:	
Challenges I may face and steps I can take to accomp	lish my goal:
A timeline for success: (think about adding a review date	before your target date)
My signature acknowledges my acceptance the	CPWD Privacy Policy
Grievance Procedure, right to the Client Assistant Specified: my Independent Living Plan to acco	nce Program – CAP and
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Signature)	(Date)