


Independent Living Program SEPTEMBER 2018 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3  Closed for Labor Day	4 <i>Memory Exercises</i> 9:30-10:30 Family History 11:00-12:00	5 <i>Peer Group</i> 9:30-10:30 <i>Math Basics</i> 11:00-12:00	6 <i>This Month in History</i> 9:30-10:30 Guest Speaker- Aaron Pasterz 11:00-12:00	7 Movie or Documentary Club 9:30-12:00
10 Coffee Talk 9:30-10:30 Book Club Don't Sweat the Small Stuff 11:00-12:00	11 <i>Social Skills</i> 9:30-10:30 <i>Nutrition-Reading Labels</i> 11:00-12:00	12 <i>Peer Group</i> 9:30-10:30 Emergency Preparedness 11:00-12:00	13 <i>Fitness Club/ Your Health</i> 9:30-10:30 Guest Speaker- Topher Downham 11:00-12:00	14 Movie or Documentary Club 9:30-12:00
17 Coffee Talk 9:30-10:30 Book Club Chicken Soup Series 11:00-12:00	18 <i>Rankism</i> 9:30-10:30 <i>Computer Basics</i> 11:00-12:00	19 <i>Peer Group</i> 9:30-10:30 <i>Math Basics</i> 11:00-12:00	20 <i>Boundaries</i> 9:30-10:30 Group Craft with Robin 11:00-12:00	21 Movie or Documentary Club 9:30-12:00
24 Coffee Talk 9:30-10:30 Book Club Don't Sweat the Small Stuff 11:00-12:00	25 Calendar Review 9:30-10:30 Outgroup Safety Review 11:00-12:00	26 <i>Peer Group</i> 9:30-10:30 <i>Critical Thinking</i> 11:00-12:00	27 <i>Fitness Club/ Your Health</i> 9:30-10:30 Jeopardy! 11:00-12:00	28 Movie or Documentary Club 9:30-12:00



Matthew Stirts
Leilei Wang

9/03
9/25

Flip this page over to see September OUTGROUPS

Independent Living Program SEPTEMBER 2018 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3  Closed for Labor Day	4 Wal-Mart Leave @ 12:45 pm Cost: FREE	5 Yoga begins @ 1:30pm Cost: FREE OR Indoor Swimming Leave @ 12:45 pm Cost: \$3.25	6 2nd & Charles Used Bookstore Leave @ 12:45 pm Cost: Spending \$\$\$	7
10 Monday Movie Matinee <i>Meet in small classroom after lunch</i> Start @ 1 pm Cost: FREE	11 In House Activity Start @ 1 pm Cost: FREE	12 Yoga begins @ 1:30pm Cost: FREE OR Indoor Swimming Leave @ 12:45 pm Cost: \$3.25	13 Walk to Thrift Store Leave @ 12:45 pm Cost: Spending \$\$\$	14
17 Bingo! Start @ 1 pm Cost: FREE	18 Boulder Humane Society Walking Outgroup Start @ 1 pm Cost: FREE	19 Yoga begins @ 1:30pm Cost: FREE OR Indoor Swimming Leave @ 12:45 pm Cost: \$3.25	20 In House Activity Start @ 1 pm Cost: FREE	21
24 Volunteer at Sister Carmen's Leave @ 12:45 pm Cost: FREE	25 September Birthday Party Start @ Noon Cost: FREE	26 Yoga begins @ 1:30pm Cost: FREE OR Indoor Swimming Leave @ 12:45 pm Cost: \$3.25	27 Landmark Scavenger Hunt Leave @ 12:45 pm Cost: FREE	28



Please join us in welcoming our newest intern, Robin Payne.
Robin will be with CPWD through November and will split her time between the Independent Living Skills program and the Transitions program.
We are very excited to have Robin join our community!

Flip this page over to see September CLASSES