


# Independent Living Program SEPTEMBER 2018 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3  <b>Closed for Labor Day</b>	4 <i>Memory Exercises</i> 9:30-10:30  <b>Family History</b> 11:00-12:00	5 <i>Peer Group</i> 9:30-10:30  <i>Math Basics</i> 11:00-12:00	6 <i>This Month in History</i> 9:30-10:30  <b>Guest Speaker- Aaron Pasterz</b> 11:00-12:00	7  Movie or Documentary Club 9:30-12:00
10 <b>Coffee Talk</b> 9:30-10:30  <b>Book Club</b> Don't Sweat the Small Stuff 11:00-12:00	11 <i>Social Skills</i> 9:30-10:30  <i>Nutrition-Reading Labels</i> 11:00-12:00	12 <i>Peer Group</i> 9:30-10:30  <b>Emergency Preparedness</b> 11:00-12:00	13 <i>Fitness Club/ Your Health</i> 9:30-10:30  <b>Guest Speaker- Topher Downham</b> 11:00-12:00	14  Movie or Documentary Club 9:30-12:00
17 <b>Coffee Talk</b> 9:30-10:30  <b>Book Club</b> Chicken Soup Series 11:00-12:00	18 <i>Rankism</i> 9:30-10:30  <i>Computer Basics</i> 11:00-12:00	19 <i>Peer Group</i> 9:30-10:30  <i>Math Basics</i> 11:00-12:00	20 <i>Boundaries</i> 9:30-10:30  Group Craft with Robin 11:00-12:00	21  Movie or Documentary Club 9:30-12:00
24 <b>Coffee Talk</b> 9:30-10:30  <b>Book Club</b> Don't Sweat the Small Stuff 11:00-12:00	25 Calendar Review 9:30-10:30  <b>Outgroup Safety Review</b> 11:00-12:00	26 <i>Peer Group</i> 9:30-10:30  <i>Critical Thinking</i> 11:00-12:00	27 <i>Fitness Club/ Your Health</i> 9:30-10:30  Jeopardy! 11:00-12:00	28  Movie or Documentary Club 9:30-12:00



*Matthew Stirts*

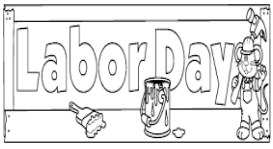
*9/03*

*Leilei Wang*

*9/25*

Flip this page over to see September OUTGROUPS

# Independent Living Program SEPTEMBER 2018 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3   <b>Closed for Labor Day</b>	4  <b>Wal-Mart</b>  Leave @ 12:45 pm  Cost: FREE	5  <b>Yoga begins @ 1:30pm</b> Cost: FREE OR <b>Indoor Swimming</b> Leave @ 12:45 pm Cost: \$3.25	6  <b>2<sup>nd</sup> &amp; Charles Used Bookstore</b>  Leave @ 12:45 pm  Cost: Spending \$\$\$	7
10 <b>Monday Movie Matinee</b>  <i>Meet in small classroom after lunch</i> Start @ 1 pm Cost: FREE	11  <b>In House Activity</b>  Start @ 1 pm  Cost: FREE	12  <b>Yoga begins @ 1:30pm</b> Cost: FREE OR <b>Indoor Swimming</b> Leave @ 12:45 pm Cost: \$3.25	13  <b>Walk to Thrift Store</b>  Leave @ 12:45 pm  Cost: Spending \$\$\$	14
17  <b>Bingo!</b>  Start @ 1 pm  Cost: FREE	18  <b>Boulder Humane Society Walking Outgroup</b>  Start @ 1 pm  Cost: FREE	19  <b>Yoga begins @ 1:30pm</b> Cost: FREE OR <b>Indoor Swimming</b> Leave @ 12:45 pm Cost: \$3.25	20  <b>In House Activity</b>  Start @ 1 pm  Cost: FREE	21
24  <b>Volunteer at Sister Carmen's</b>  Leave @ 12:45 pm  Cost: FREE	25  <b>September Birthday Party</b>  Start @ Noon  Cost: FREE	26  <b>Yoga begins @ 1:30pm</b> Cost: FREE OR <b>Indoor Swimming</b> Leave @ 12:45 pm Cost: \$3.25	27  <b>Landmark Scavenger Hunt</b>  Leave @ 12:45 pm  Cost: FREE	28



Please join us in welcoming our newest intern, Robin Payne.  
Robin will be with CPWD through November and will split her time between the Independent Living Skills program and the Transitions program.  
We are very excited to have Robin join our community!

**Flip this page over to see September CLASSES**